Visit your local Vitality Check and keep your LivingWell Promise!

Questions about an event?

eHealth
(888) 708-8807 ext. 1

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General questions?

HumanaVitality
(855) 478-1623

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Can't make this event?

Learn about your other options here: LivingWell Promise

Sign up today to get your Vitality Check (biometric screening) and receive help completing your online Health Assessment.

Registration closes seven days prior to the event.

Whitley County

March 26
Whitley County Extension Office
4275 N. US-25W, Williamsburg

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Laurel County

April 10
Somerset Comm. College
Laurel Campus North, Bldg. 3, Room 113
100 University Drive, London

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Follow three easy steps!

Step 1: Reserve a spot

Appointments are required. Find an event and make your appointment HERE or call (888) 708-8807 ext. 1. Use the screening key HWS13. Space is limited!

Step 2: Attend the event

Fast for at least nine hours prior to your appointment.

Bring your HumanaVitality ID card and a photo ID.

Step 3: Get rewards

HumanaVitality rewards you for getting your Vitality Check. You receive 2,000 Vitality Points just for completing and up to an additional 2,000 Vitality Points for results in healthy ranges. Earn even more points by completing the online assessment, too.

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The biometric screening consists of a finger prick to measure your cholesterol and blood glucose, blood pressure check, and height, weight, and waist

circumference measurements.

If the local school system is closed due to weather the event will be cancelled.